Supplication for Sundays

From the Sahifa Sajjadiya: Imam Zayn al-Abidin's (a.s.) supplication for Sunday — the first of the seven daily prayers that order the week around God's remembrance.

37 lines · 3–4 min · alzair.app/duas/dua-sunday-sajjadiya

1

بِسْمِ ٱللَّهِ ٱلرَّحْمٰنِ ٱلرَّحِيمِ

bismillahi alrrahmani alrrahimi

In the Name of Allah, the All-compassionate, the All-merciful.

2

بِسْمِ ٱللَّهِ الَّذِي لاَ ارْجُو إِلاَّ فَضْلَهُ

bismillahi alladhi la arju illa fadhlahu

In the name of Allah, from whom I hope for nothing but bounty,

3

وَلاَ اخْشىٰ إِلاَّ عَدْلَهُ

wa la akhsha illa `adlahu

I fear nothing but justice,

4

وَلاَ اعْتَمِدُ إِلاَّ قَوْلَهُ

wa la a`tamidu illa qawlahu

I rely upon nothing but His word,

5

وَلاَ امْسِكُ إِلاَّ بِحَبْلِهِ

wa la umsiku illa bihablihi

and I cling to nothing but His Rope.

6

بِكَ اسْتَجِيـرُ يَا ذَا ٱلْعَفْوِ وَٱلرِّضْوَانِ

bika astajiru ya dhal `afwi walrridhwani

In You do I seek sanctuary— O Possessor of pardon and good pleasure—

7

مِنَ ٱلظُّلْمِ وَٱلْعُدْوَانِ

from wrong and enmity,

8

وَمِنْ غِيَرِ ٱلزَّمَانِ

wa min ghiyari alzzamani

from the vicissitudes of time

9

وَتَوَاتُرِ ٱلاحْزَانِ

wa tawaturi al-ahzani

from recurrence of sorrows,

10

وَطَوَارِقِ ٱلْحَدَثَانِ

wa tawariqi alhadathani

from the striking of mishaps,

11

وَمِنِ ٱنْقِضَاءِ ٱلْمُدَّةِ قَبْلَ ٱلتَّاهُّبِ وَٱلْعُدَّةِ

wa min inqidha'i almuddati qabla altta'ahhubi wal `uddati

and from the expiration of the term before preparation and readiness.

12

وَإِيَّاكَ اسْتَرْشِدُ لِمَا فيهِ ٱلصَّلاَحُ وَٱلإِصْلاَحُ

wa iyyaka astarshidu lima fihi alssalahu wal-islahu

From You do I seek guidance to that wherein is righteousness and setting aright.

13

وَبِكَ اسْتَعينُ فيمَا يَقْتَرِنُ بِهِ ٱلنَّجَاحُ وَٱلإِنْجَاحُ

wa bika asta`inu fima yaqtarinu bihi alnnajahu wal-injahu

From You do I seek help in that which is linked to success and favorable response.

14

وَإِيَّاكَ ارْغَبُ فِي لِبَاسِ ٱلْعَافِيَةِ وَتَمَامِهَا

wa iyyaka arghabu fi libasi al`afiyati wa tamamiha

From You do I desire for the garment of wellbeing and its completion,

15

وَشُمُولِ ٱلسَّلاَمَةِ وَدَوَامِهَا

wa shumuli alssalamati wa dawamiha

and the covering of health and its permanence.

16

وَ اعُوذُ بِكَ يَا رَبِّ مِنْ هَمَزَاتِ ٱلشَّيَاطينِ

wa a`udhu bika ya rabbi min hamazati alshshayatini

I seek refuge in You, O my Lord, from the evil suggestions of the devils.

17

وَ احْتَرِزُ بِسُلْطَانِكَ مِنْ جَوْرِ ٱلسَّلاَطِينِ

wa ahtarizu bisultanika min jawri alssalatini

I seek protection in Your sovereignty from the injustice of the sovereigns.

18

فَتَقَبَّلْ مَا كَانَ مِنْ صَلاَتِي وَصَوْمِي

fataqabbal ma kana min salati wa sawmi

So, (please) accept my past prayers and fasting,

19

وَٱجْعَلْ غَدِي وَمَا بَعْدَهُ افْضَلَ مِنْ سَاعَتِي وَيَوْمِي

waj`al ghadi wa ma ba`dahu afdhala min sa`ati wa yawmi

make my morrow and what is after it better than my present hour and my day,

20

وَ اعِزَّنِي فِي عَشيرَتِي وَقَوْمِي

wa a`izzani fi `ashirati wa qawmi

exalt me in my clan and people,

21

وَٱحْفَظْنِي فِي يَقْظَتِي وَنَوْمِي

and protect me in my waking and sleep,

22

فَانْتَ ٱللَّهُ خَيْرٌ حَافِظاً

for You are Allah, the Best Guardian,

23

وَ انْتَ ارْحَمُ ٱلرَّاحِمِينَ

wa anta arhamu alrrahimina

and You are the most Merciful of all those who show mercy.

24

اَللّٰهُمَّ إِنِّي ابْرَا إِلَيْكَ فِي يَوْمِي هٰذَا

allahumma inni abra'u ilayka fi yawmi hadha

O Allah, I repudiate, before You on this day of mine

25

وَمَا بَعْدَهُ مِنَ ٱلآحَادِ

wa ma ba `dahu mina al-ahadi

and on all Sundays that follow it,

26

مِنَ ٱلشِّرْكِ وَٱلإِلْحَادِ

mina alshshirki wal-ilhadi

polytheism and atheism.

27

وَاخْلِصُ لَكَ دُعَائِي

wa ukhlisu laka du `a'i

I devote my supplication sincerely to You,

28

تَعَرُّضَاً لِلإجَابَةِ

ta `arrudhan lil-ijabati

addressing myself to Your response.

29

وَاقيمُ عَلَىٰ طَاعَتِكَ

wa uqimu `ala ta `atika

I observe the acts of obedience to You

30

رَجَاءً لِلإِثَابَةِ

raja'an lil-ithabati

for hope of gaining Your rewards.

31

فَصَلِّ عَلَىٰ مُحَمَّدٍ خَيْرِ خَلْقِكَ

fasalli `ala muhammadin khayri khalqika

So, (please) bless Muhammad, the best of Your creation

32

ٱلدَّاعِي إِلَىٰ حَقِّكَ

aldda`i ila haqqika

and the caller to Your truth,

33

وَ اعِزَّنِي بِعِزِّكَ ٱلَّذِي لاَ يُضَامُ

wa a`izzani bi`izzika alladhi la yudhamu

and fortify me with Your almightiness, which is invulnerable,

34

وَٱحْفَظْنِي بِعَيْنِكَ ٱلَّتِي لاَ تَنَامُ

protect me with Your Eye, which never sleeps,

35

وَٱخْتِمْ بِٱلإِنْقِطَاعِ إِلَيْكَ امْرِي

wakhtim bil-inqita`i ilayka amri

and seal my affair by acting devoutly to You

36

وَبِٱلْمَغْفِرَةِ عُمْرِي

wa bilmaghfirati `umri

and my life with forgiveness!

37

إِنَّكَ انْتَ ٱلْغَفُورُ ٱلرَّحِيمُ

innaka anta alghafuru alrrahimu

Surely, You are the All-forgiving, the All-compassionate!