Supplication for Mondays

From the Sahifa Sajjadiya: Imam Zayn al-Abidin's (a.s.) supplication for Monday — praise for the creation of the heavens and the earth, and a plea for pardon, protection and sufficiency through the day and its hours.

55 lines · 4–5 min · alzair.app/duas/dua-monday-sajjadiya

1

بِسْمِ ٱللَّهِ ٱلرَّحْمٰنِ ٱلرَّحِيمِ

bismillahi alrrahmani alrrahimi

In the Name of Allah, the All-beneficent, the All-merciful.

2

اَلْحَمْدُ لِلَّهِ ٱلَّذِي لَمْ يُشْهِدْ أَحَداً

Alhamdu lillahil-ladhee lam yush-hid ahadaa

Praise be to Allah Who allowed none to witness

3

حِيـنَ فَطَرَ ٱلسَّمَاوَاتِ وَٱلأَرْضَ

Heena fataras-samaawaati wal-ard

when He created the heavens and the earth,

4

وَلاَ ٱتَّخَذَ مُعِيناً حِيـنَ بَرَأَ ٱلنَّسَمَاتِ

Wa lat-takhadha mueenan heena bara-an-nasamaat

and Who took no helper when He authored the spirits!

5

لَمْ يُشَارَكْ فِي ٱلإِلٰهِيَّةِ

Lam yushaarak feel-ilaahiyyah

He has no associate in Divinity

6

وَلَمْ يُظاهَرْ فِي ٱلْوَحْدَانِيَّةِ

Wa lam yudhaahar feel-wahdaaniyyah

and no support in Unity.

7

كَلَّتِ ٱلأَلْسُنُ عَنْ غَايَةِ صِفَتِهِ

Kallatil-alsunu 'an ghaayati sifatih

Tongues fall silent before the limit of describing Him,

8

وَٱنْحَسَرَتِ ٱلْعُقُولُ عَنْ كُنْهِ مَعْرِفَتِهِ

Wanhisaratil-'uqoolu 'an kunhi ma'rifatih

intellects fail before the core of knowing Him,

9

وَتَوَاضَعَتِ ٱلْجَبَابِرَةُ لِهَيْبَتِهِ

Wa tawaada'atil-jabaabiratu lihaybatih

tyrants fall low in awe of Him,

10

وَعَنَتِ ٱلْوُجُوهُ لِخَشْيَتِهِ

Wa 'anatil-wujoohu likhash-yatih

faces are humbled in fear of Him,

11

وَٱنْقَادَ كُلُّ عَظِيمٍ لِعَظَمَتِهِ

Wanqaada kullu 'adheemin li'adhamatih

and everything mighty yields to His mightiness!

12

فَلَكَ ٱلْحَمْدُ مُتَوَاتِراً مُتَّسِقاً

Falakal-hamdu mutawaatiran muttasiqaa

So, to You belongs praise, again and again, well-measured,

13

وَمُتَوَالِياً مُسْتَوْسِقاً

Wa mutawaaliyan mustawsiqaa

continually, methodically!

14

وَصَلَوَاتُهُ عَلَىٰ رَسُولِهِ أَبَداً

Wa salawaatuhu 'alaa rasoolihi abadaa

And may His blessings be upon His Messenger endlessly,

15

وَسَلامُهُ دَائِماً سَرْمَداً

Wa salaamuhu daa-iman sarmadaa

and His salutation (be upon him) everlastingly, eternally!

16

اَللَّهُمَّ ٱجْعَلْ أَوَّلَ يَوْمِي هٰذَا صَلاَحاً

Allaahummaj-'al awwala yawmee haadhaa salaahaa

O Allah, (please) make the beginning of this day of mine righteousness,

17

وَ أَوْسَطَهُ فَلاَحاً

Wa awsatuhu falaahaa

its middle prosperity,

18

وَآخِرَهُ نَجَاحاً

Wa aakhirahu najaahaa

and its end success!

19

وَ أَعُوذُ بِكَ مِنْ يَوْمٍ اَوَّلُهُ فَزَعٌ

Wa a'oodhu bika min yawmin awwaluhu faza'

I seek refuge in You from a day whose beginning is fright,

20

وَ أَوْسَطُهُ جَزَعٌ

Wa awsatuhu jaza'

whose middle is anxiety,

21

وَآخِرُهُ وَجَعٌ

Wa aakhiruhu waja'

and whose end is pain!

22

اَللَّهُمَّ إِنِّي أَسْتَغْفِرُكَ لِكُلِّ نَذْرٍ نَذَرْتُهُ

Allaahumma innee astaghfiruka likulli nadhrin nadhartuh

O Allah, I pray forgiveness from You for every vow I have vowed,

23

وَلِكُلِّ وَعْدٍ وَعَدْتُهُ

Wa likulli wa'din wa'adtuh

every promise I have made,

24

وَلِكُلِّ عَهْدٍ عَاهَدْتُهُ

Wa likulli 'ahdin 'aahadtuh

and every pledge I have pledged

25

ثُمَّ لَمْ أَفِ لَكَ بِهِ

Thumma lam afi laka bih

and then I failed to keep for You.

26

وَ أَسْأَلُكَ فِي مَظَالِمِ عِبَادِكَ عِنْدِي

Wa as-aluka fee madhaalimi 'ibaadika 'indee

I ask You concerning the complaints of Your servants against me:

27

فَأَيُّمَا عَبْدٍ مِنْ عَبِيدِكَ

Fa ayyumaa 'abdin min 'abeedik

If there is a servant from among Your servants

28

أَوْ أَمَةٍ مِنْ إِمَائِكَ

Aw amatin min imaa-ik

or a bondmaid from among Your bondmaids,

29

كَانَتْ لَهُ قِبَلِي مَظْلَمَةٌ ظَلَمْتُهَا إِيَّاهُ

Kaanat lahu qibalee madhlamatun dhalamtuhaa iyyaah

who has against me a complaint

30

فِي نَفْسِهِ أَوْ فِي عِرْضِهِ

Fee nafsihi aw fee 'irdhih

because I have wronged him in respect to himself, his reputation,

31

أَوْ فِي مَالِهِ أَوْ فِي أَهْلِهِ وَوَلَدِهِ

Aw fee maalihi aw fee ahlihi wa waladih

his property, his wife or his child,

32

أَوْ غِيبَةٌ ٱغْتَبْتُهُ بِهَا

Aw gheebatunigh-tabtuhu bihaa

or because evil words I have spoken about him in his absence,

33

أَوْ تَحَامُلٌ عَلَيهِ بِمَيْلٍ أَوْ هَوًىٰ

Aw tahaamulun 'alayhi bimaylin aw hawaa

an imposition upon him through inclination, caprice,

34

أَوْ أَنَفَةٍ أَوْ حَمِيَّةٍ

Aw anafatin aw hamiyyah

scorn, zeal,

35

أَوْ رِيَاءٍ أَوْ عَصَبِيَّةٍ

Aw riyaa-in aw 'asabiyyah

false show, bigotry,

36

غَائِباً كَانَ أَوْ شَاهِداً

Ghaa-iban kaana aw shaahidaa

whether he be absent or present,

37

وَحَيّاً كَانَ أَوْ مَيِّتاً

Wa hayyan kaana aw mayyitaa

alive or dead,

38

فَقَصُرَتْ يَدِي

Faqasurat yadee

such that my hand has fallen short

39

وَضَاقَ وُسْعِي عَنْ رَدِّهَا إِلَيْهِ

Wa dhaaqa wus'ee 'an raddihaa ilayh

and my capacity has been too narrow to make restitution to him

40

وَٱلتَّحَلُّلِ مِنْهُ

Wat-tahalluli minh

or to annul my obligation to him,

41

فَأَسْأَلُك يَا مَنْ يَمْلِكُ ٱلْحَاجَاتِ

Fa as-aluka yaa man yamlikul-haajaat

I ask You, O He who owns all objects of need,

42

وَهِيَ مُسْتَجِيبَةٌ بِمَشِيَّتِهِ

Wa hiya mustajeebatun bimashiyyatih

which are granted by His will

43

وَمُسْرِعَةٌ إِلَىٰ إِرَادَتِهِ

Wa musri'atun ilaa iraadatih

and hasten to His desire

44

أَنْ تُصَلِّيَ عَلَىٰ مُحَمَّدٍ وَآلِ مُحَمَّدٍ

An tusalliya 'alaa Muhammadin wa aali Muhammad

that You bless Muhammad and the Household of Muhammad,

45

وَأَنْ تُرْضِيَهُ عَنِّي بِمَا شِئْتَ

Wa an turdiyahu 'annee bimaa shi't

and make [the one I have wronged] satisfied with me in the manner that You will,

46

وَتَهَبَ لِي مِنْ عِنْدِكَ رَحْمَةً

Wa tahaba lee min 'indika rahmah

and gift me mercy from You,

47

إِنَّهُ لاَ تَنْقُصُكَ ٱلْمَغْفِرَةُ

Innahu laa tanqusukal-maghfirah

because, indeed, forgiveness decreases You not

48

وَلاَ تَضُرُّكَ ٱلْمَوْهِبَةُ

Wa laa tadurrukal-mawhibah

and giving injures You not.

49

يَا أَرْحَمَ ٱلرَّاحِمِينَ

Yaa arhamar-raahimeen

O Most Merciful of all those who show mercy!

50

اَللَّهُمَّ أَوْلِنِي فِي كُلِّ يَومِ ٱثْنَيْنِ

Allaahumma awlinee fee kulli yawmith-nayn

O Allah, bestow upon me on every Monday

51

نِعْمَتَيْنِ مِنْكَ ثِنْتَيْنِ

Ni'matayni minka thintayn

with two favors from You:

52

سَعَادَةً فِي أَوَّلِهِ بِطَاعَتِكَ

Sa'aadatan fee awwalihi bitaa'atik

the felicity to obey You at its beginning

53

وَنِعْمَةً فِي آخِرِهِ بِمَغْفِرَتِكَ

Wa ni'matan fee aakhirihi bimaghfiratik

and the favor of Your forgiveness at its end!

54

يَا مَنْ هُوَ ٱلإِلٰهُ

Yaa man huwal-ilaah

O He who is the God

55

وَلاَ يَغْفِرُ ٱلذُّنُوبَ سِوَاهُ

Wa laa yaghfirudh-dhunooba siwaah

and none other than Whom grants forgiveness for sins!